Write 1100 (+/-10%) words of reflection on your professional, personal and academic development.

Introduction – The importance of self-reflection in career development

Self-Evaluation (about 800 words)

Professional development - You may want to focus on assessment of skills and occupational choices assessing your CV writing and interview skills work context analysis, negotiation skills, and coaching skills

Personal Development –. You may want to focus on the assessment of skills in self-leadership emotional and multiple intelligence

Academic development – knowledge, skills, and behavior assessment, self-development and self-leadership, academic writing, and reflection.

Use SMART goals as a further steps

Please note, that you must use academic literature to support your reflection.

Please use a minimum of 5 academic references.

Comprehension of task and requirements: cover the assignment task in addressing your professional, personal, and academic development.

Other sources have also been used to support your argument.

Presentation and Referencing: Looking at the professional presentation, using headings and paragraphs to structure the work, no spelling, grammar, and punctuation errors, and a clear line of argument. Referencing follows the requirement of Harvard Referencing in text and list.