This assignment explores the role of behavioural science in the delivery of patient centered nursing care. Essentially the question aims to explore the contribution that behavioural science makes to patient centered nursing care.

**Patient centered nursing care.**

What does the question mean and what should be included in the essay? Essentially the question aims to explore the contribution that behavioural science makes to patient centered nursing care. To fully answer the question, you need to explain what behavioural science is, what patient centered nursing care is and establish links between the two. The question has been written to enable you to have some flexibility in how you approach the assignment. Clearly this is a large topic, and 2000 words can only include a certain amount of information. Therefore, you can focus your essay on aspects of behavioural science that interest you. You do not have to include everything.

**Patient centered nursing care.**

Examples of topics you could focus on in include stress, support with [chronic illness](https://my.clevelandclinic.org/health/articles/4062-chronic-illness), pain management, health beliefs and behaviors and adherence to advice and treatment. These are just examples and there are more additional aspects you can focus on. It is acceptable to focus on one topic or more. The aim is to avoid writing a little bit about everything and not including enough detail. The reason I have set the essay like this is to give you some control over the approach you take.

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You are welcome to confirm with me which aspects you are including to make sure you are on the right lines. Explain the ideas and concepts you include and emphasize the connection to patient care. You can include theories, models, assessment tools and examples from theory and research. <https://youtu.be/rM9QAxFSBMU>