Consider the Louisiana practice act related to Nurse Practitioner (NP) practice on the AANP map as well as your state’s nursing board. Write a 3-5-page paper about how the practice act for Louisiana encourages or discourages quality and effective patient care for a patient with co-morbid conditions.  Consider the patient case below:
Patient details:
A 35-year-old African American male reports trouble with sleep for over 3 months.  He has trouble both falling and staying asleep.  He has increased his drinking habits at night to try and increase his sleepiness before bed.  He states he is drinking 1-2 beers every night before bed.  He also states he has a history of depression that was successfully treated with Prozac for 4 years.  He has not been on medication for the last 24 months and states that his depression has been somewhere from a 1-2 on a 0-10 scale with 10 being the worst.  He denies SI/HI, and A/VH.  However, he does state an increase in anxiety when he does not sleep.  He states he feels fidgety and out of it during the day.  His vitals for today’s visit are:
Temperature- 98.7
Heart rate- 76
Blood pressure- 146/84
Respirations- 18
Weight- 193
Height-  5’9”
Body Mass Index:  28
Your paper should include:
1.    Title page (APA)
2.    Introduction to Louisiana NP practice
3.    Discussion of how the NP practice laws in Louisiana affect patient care
4.    Discuss the patient case provided and explain how the patient is affected by Louisiana’s practice act
5.    Conclusion
6.    Include at least 3 scholarly articles in addition to your textbooks.
7.    Paper must be in APA format including, reference page, cover page, in-text citations, and overall paper format.
AANP Map:
www.aanp.org/advocacy/state/state-practice-environment
www.lsbn.state.la.us/NursingPractice.aspx