Reflective Journal Entry. PRAC 6635 Clinical Skills Self-Assessment Form Desired Clinical Skills for Students to Achieve Confident (Can complete independently) Mostly confident (Can complete with supervision) Beginning (Have performed with supervision or need supervision to feel confident) New (Have never performed or does not apply) Comprehensive psychiatric evaluation skills in: Recognizing clinical signs and symptoms of psychiatric illness Mostly confident Differentiating between pathophysiological and psychopathological conditions Mostly confident Performing and interpreting a comprehensive and/or interval history and physical examination (including laboratory and diagnostic studies) Mostly confident Performing and interpreting a mental status examination Mostly confident Performing and interpreting a psychosocial assessment and family psychiatric history Mostly confident Performing and interpreting a functional assessment (activities of daily living, occupational, social, leisure, educational). Mostly confident Diagnostic reasoning skill in: Demonstrate knowledge of psychopathology of mental illnesses through discussion for different age groups and mental illnesses Mostly confident Developing and prioritizing a differential diagnoses list Beginning Formulating diagnoses according to DSM 5 based on assessment data Beginning Differentiating between normal/abnormal age-related physiological and psychological symptoms/changes Beginning Psychotherapeutic Treatment Planning: Provide psychoeducation to individuals and/or any caregivers Mostly confident Promote health and disease prevention techniques Mostly confident Self Assessment skill: Develop SMART goals for practicum experiences Beginning Evaluating outcomes of practicum goals and modify plan as necessary Beginning Documenting and reflecting on learning experiences Beginning Professional skills: Maintains professional boundaries and therapeutic relationship with clients and staff Mostly confident Collaborate with multi- disciplinary teams to improve clinical practice in mental health settings Mostly confident Identifies ethical and legal dilemmas with possible resolutions Mostly confident Demonstrates non- judgmental practice approach and empathy Mostly confident Practices within the scope of practice Mostly confident Selecting and implementing appropriate screening instrument(s) and interpreting results: Demonstrates selecting the correct screening instrument appropriate for the clinical situation Mostly confident Implements the screening instrument efficiently and Mostly confident effectively with the clients Interprets results for screening instruments accurately Mostly confident Identifies the need to refer to another specialty provider when applicable Mostly confident Accurately documents recommendations for psychiatric consultations when applicable Mostly confident